

Woody Aths - Cross Country

Week:	2
Date:	9 May
Location:	4 Ways - Haddon Common

Woody Aths ran the second cross country run for the season. The 4-Ways handicap in the Haddon Common. Welcome again to both new and past members. Handicaps have been added for this week's run. Next week's run will be the prestigious King and Queen of the Mountain run. To confirm the venue, please check the Facebook, Team App and the website later in the week.

The handicap results from the 4-Ways handicap were:

Junior race u6-u10. First: Caleb D, Second: Ruby S, Third: Reggie C

Senior race u12+. First: Jed B; Second: Huon A; Third: Axel D

4-Ways Run Fastest times:

U6: Lacey B; u8: Reggie C; u10: Caleb D; u12: Huon A; u14: Ruby A; u16: Ava A

All results are displayed on our website: <http://woodyathletics.org.au/results/>

Name	Age	Distance	Time	VARs	VARs
				4 Ways	Scratch
Brylee W	u6	400	3.00	0.45	0.34
Lacey B	u6	400	2.47	0.415	0.417
Ollie C	u6	400			
Reggie C	u8	800	4.05	0.306	0.318
Ruby S	u8	800	4.06	0.308	0.323
Clara G	u8	800	8.13	0.616	0.618
Eadie C	u8	800	5.2	0.4	
Caleb D	u10	1100	5.04	0.276	0.308
Leroy B	u10	1100	5.23	0.294	0.285
Aurora W	u10	1100	8.31	0.465	0.464
Huon A	u12	1900	8.22	0.264	0.253
Jed B	u12	1900	9.02	0.285	0.275
Axel D	u12	1900	9.58	0.315	0.298
Ruby A	u14	3000	15.57	0.319	0.271
Ava A	u16	3800	20.32	0.324	0.268